

# Aspire School Menu Autumn/Winter 2025-26

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Margherita Pizza	Minced Beef Taco	Roast Chicken Breast with Stuffing & Gravy	Chicken Pesto Pasta	Sausage or Chicken Goujons
	Vegan Sausage Roll (V)	Quorn Taco (V)	Vegetable Lasagne (V)	Cheese and Tomato Pastry Swirls (V)	Vegan Sausages (V)
	Pasta	50/50 Rice	Roast Potatoes	Wholemeal Pasta	Chips
	Mixed Veg, Carrots	Sweetcorn	Green Cabbage & Broccoli	Green Beans	Baked Beans or Peas
	Meringue with Fruit and Cream	Oat & Raisin Cookie	Rice Krispie Cake	Carrot Cake	Strawberry Jelly with Fruit Cocktail

<b>Week 2</b>	Mac n Cheese	Baked Beef Meatballs	Roast Gammon with Gravy	Peri Peri Chicken	Cod Portion or Salmon Fishcake
	Vegan Sausage and Bean Pie	Vegan 'Meat'balls (V)	Broccoli & Cauliflower Cheese (V)	Sri Lankan Sweet Potato & Coconut Curry (V)	Tortilla Wrap Selection (V)
	New Potatoes	Wholemeal Pasta	Roast Potatoes	50/50 Rice	Chips
	Sweetcorn	Mixed Vegetables	Green Cabbage, Cauliflower & Broccoli	Green Beans	Beans or Peas
	Mixed Fruit Muffins	Chocolate Cornflake Cake	Mixed Fruit Jelly	Lemon Drizzle Cake & Custard	Apple Flapjack

<b>Week 3</b>	Quorn Chicken Asian Noodles(V)	Beef Bolognese with Garlic Bread	Sausages with Gravy	BBQ Chicken	Fish Fingers
	Mild Quorn Chilli (V)	Quorn Bolognese (V)	Vegan Sausages (V)	Mac n Cheese	Cheese & Bean Puff Pastry Slice (V)
	Oven Baked Nachos	Wholemeal Spaghetti	Mashed Potato	Jasmine Rice	Chips
	Carrot	Green Beans	Cabbage and Peas	Broccoli	Beans
	Iced School Cake	Cherry Crumble and Custard	Vanilla Ice Cream	Shortbread	Raspberry Jelly with Fruit Cocktail

**Freshly Baked Bread, Filled Jacket potatoes, Salad, Fresh Fruit and Yoghurts are available daily.**  
**Occasionally this menu may change due to unforeseen circumstances.**

