

Aspire School Menu Autumn/Winter 2026-2027

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 31 st Aug 21 st Sep 12 th Oct 9 th Nov 30 th Nov	Cheese & Vegetable Quiche	Minced Beef Taco	Roast Chicken Breast with Stuffing & Gravy	BBQ Chicken	Sausages or Chicken Goujons
	Vegan Sausage Roll (V)	Quorn Taco (V)	Quorn Roast (V)	Mac & Cheese (V)	Vegan Sausages (V)
	New Potatoes	50/50 Rice	Roast Potatoes	Wholemeal Pasta	Chips
	Carrots	Sweetcorn	Green Cabbage & Broccoli	Green Beans	Baked Beans or Peas
	Iced School Cake	Oat & Raisin Cookie	Chocolate Cornflake Cake	Carrot Cake	Strawberry Jelly with Fruit Cocktail

Week 2 7 th Sep 28 th Sep 19 th Oct 16 th Nov 7 th Dec	Mac n Cheese	Baked Beef Meatballs	Roast Gammon with Gravy	Katsu Chicken Curry	Cod Portion
	Vegan Sausage and Bean Pie	Cheese & Tomato Pastry Swirls (V)	Quorn Hotpot (V)	Sri Lankan Sweet Potato & Coconut Curry (V)	Tortilla Wrap Selection (V)
	New Potatoes	Wholemeal Pasta	Roast Potatoes	50/50 Rice	Chips
	Sweetcorn	Mixed Vegetables	Green Cabbage, Cauliflower & Broccoli	Green Beans	Beans or Peas
	Fruit & Yoghurt Crunch Pots	Rice Krispie Cake	Vanilla Ice Cream	Cocoa Beetroot Brownies	Apple Flapjack

Week 3 14 th Sep 5 th Oct 2 nd Nov 23 rd Nov 14 th Dec	Margherita Pizza	Beef Bolognese with Garlic Bread	Sausages with Gravy	Spanish Chicken Tray Bake	Fish Fingers
	Mild Quorn Chilli (V)	Quorn Bolognese (V)	Puy Lentil Shepherd's Pie (V)	Tomato & Basil Pasta	Cheese & Bean Puff Pastry Slice (V)
	50/50 Rice	Wholemeal Spaghetti	Mashed Potato	New Potatoes	Chips
	Carrot	Green Beans	Cabbage and Peas	Broccoli	Beans or Sweetcorn
	Meringues with Fruit & Cream	Peach Cobbler	Iced Buns	Shortbread	Raspberry Jelly with Fruit Cocktail

Freshly Baked Bread, Filled Jacket potatoes, Salad, Fresh Fruit and Yoghurts are available daily.
Occasionally this menu may change due to unforeseen circumstances.

